



# American Preparedness

A Service Disabled Veteran Owned Business

A division of :  
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## Emergency Checklist - HOME

### **Create an Emergency Plan**

- Meet with household members-discuss with children the dangers of fire, severe weather, earthquakes and other emergencies.
- Discuss how to respond to each disaster.
- Discuss what to do about power outages.
- Discuss what to do about personal injuries.
- Draw a floor plan of your house, and mark two escape plans for each room
- Learn how to turn off the water, gas and electricity at main switches.
- Post emergency telephone numbers near telephones.
- Teach everyone, young and old, how and when to call 911-police, fire and emergency medical care.
- Tell household members to turn on the radio for emergency information.
- Pick one out-of-state and one local friend or relative to call if family is separated by disaster (remember that it is often easier to call out-of-state than within the affected disaster area.)
- Teach children how to make long distance phone calls.
- Pick two meeting spots- one near your home and one outside your neighborhood in case you cannot return home after a disaster.
- Take first aid and CPR training classes.
- Keep family records in a water and fire-proof container.

### **Prepare a Disaster Supplies Kit**

- Assemble supplies you may need in an evacuation, and store them in an easy-to-carry container (such as a backpack)
- Include:
  - A supply of water (one gallon per person per day), stored in sealed unbreakable containers (date the container and replace the contents every six months)
  - A supply of non-perishable packaged or canned food and a non-electric can opener.
  - A change of clothing, rain gear, and sturdy shoes.
  - Blankets or sleeping bags.
  - A first aid kit and prescription medications.
  - An extra pair of eye glasses.
  - A battery-powered radio, flashlight, and plenty of extra batteries.
  - Credit Cards and cash.
  - An extra set of car keys.
  - A list of family physicians.
  - A list of important family information, including medical information about each person.
  - Special items for infants, elderly, and disabled family members.

### **PLEASE -Prepare yourself, friends and loved-ones.**

1. Prior to filling out this form make copies to share with friends and neighbors
2. Fill out your form and place it in an accessible location.
3. E-mail us to receive it electronically to pass it along.